



Whitesand First Nation
PO Box 68
Armstrong, ON
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May 15, 2020

Attention Membership

Today at our pandemic team meeting the decision was made to lift the zone restrictions. All other conditions remain in effect. Please see the attached document.

This does not mean that COVID-19 is no longer a threat to the community. The virus is still a concern and effects people of all ages and can have serious long-term health implications.

Currently, in Thunder Bay the 2nd highest rate of infection is through community transmission. People are being infected with the COVID-19 virus without having any known close contact with someone who was already infected. This means that people are getting infected when they are out in the community shopping and going to appointments.

If you have to go out for essential needs, we are asking you to be responsible, send only one person to do errands and practice social distancing:

- Stay 6 feet apart
- Wear masks and gloves
- Wash your hands or use hand sanitizer
- Avoid touching your face
- Do not go out if you feel sick
- Do not ride share
- Do not visit other people's homes
- Do not gather in groups

We all have to do our part to keep the whole community safe.

Thank you for your cooperation,

The Whitesand First Nation Pandemic Team